

**FM Cable Radio Services:  
(On Base Only)**

Z-Rock (Alternative)	90.3 FM
Eagle 810 (Variety)	90.7 FM
Fox Sports (Sports, Talk)	91.3 FM
Bright AC (Pop)	91.7 FM
Adult Rock (Classic Rock)	92.3 FM
The Touch (Urban)	92.7 FM
Country	93.3 FM
Pure Gold (Oldies)	93.7 FM
Hot AC (Today's Hits)	94.3 FM

**To Comment, please write:**

Detachment Chief  
 Det 10, AFNEWS/BG  
 Unit 5091  
 APO AP 96328-5091  
 DSN: 225-2361  
 Email Address: [afnews.det10bg@yokota.af.mil](mailto:afnews.det10bg@yokota.af.mil)

**Studio Line:**

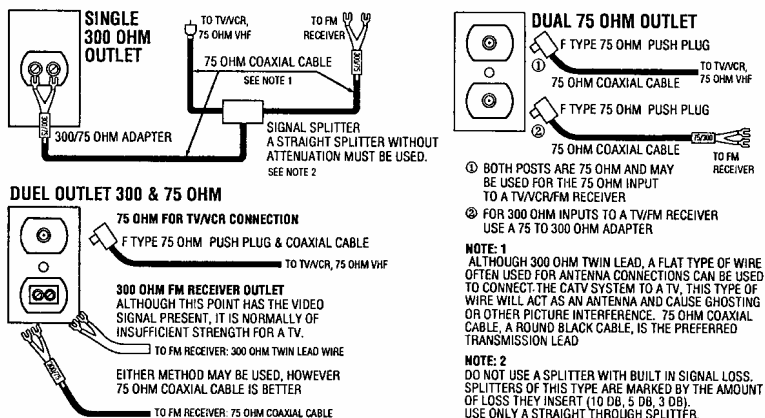
DSN: 225-2379  
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2005 WINTER  
 RADIO PROGRAM SCHEDULE  
 KANTO PLAIN



**Hot News, Hit Music!**

**FM Cable Connections**



AMERICAN FORCES NETWORK  
 AMERICAN FORCES RADIO & TELEVISION SERVICE

## Monday - Friday

- 0000 Z-Rock (Alternative)
- 0200 Sports Overnight America
- 0400 NPR's Talk of the Nation LIVE (Tues-Fri)  
NPR On the Media (Monday 0400)  
NPR Living on Earth (Monday 0500)
- 0600 Eagle 810 Morning Show** (Contemporary Hits)
- 0707 Paul Harvey News and Commentary
- 0720 Pacific Report
- 0724 Paul Harvey Rest of the Story
- 0728 Eagle 810 News**
- 0730 Zama Commander's Corner (1<sup>st</sup> Friday)**  
**Yokota Commander's Corner (2<sup>nd</sup> & 4<sup>th</sup> Friday)**  
**Yokota/USFJ Chief's Corner (3<sup>rd</sup> Friday)**
- 1000 Retro Café** (70's, 80's, 90's)
- 1205 Pacific Report
- 1207 Paul Harvey News and Commentary
- 1221 Air Force Radio News
- 1400 Top 40 Music**
- 1500 Traffic Jamz** (Current Chart Hits)
- 1605 Pacific Report
- 1607 AFN Sportspage
- 1612 Paul Harvey Rest of the Story
- 1800 From The Bench Live Sports (Wednesday)**
- 1900 NPR's Morning Edition LIVE  
**Yokosuka Commander's Corner (1<sup>st</sup> & 3<sup>rd</sup> Thursday)**
- 2000 Rush Limbaugh
- 2100 Monday: The Touch (Urban)**  
Tuesday: Country  
Wednesday: Pure Gold (Oldies)  
Thursday: **Rock of Ages** (Classic Rock)  
Friday: The Touch (Urban)

## Saturday

- 0000 Z-Rock (Alternative)
- 0200 Sports Overnight America
- 0400 NPR's Talk of the Nation **LIVE**
- 0600 NPR's All Things Considered **LIVE**
- 0805 Car Talk
- 0900 Kim Komando
- 1000 Classic Rock
- 1200 Rick Dees Weekly Top 40
- 1600 Z-Rock (Alternative)
- 1800 Hot Jazz Saturday Night
- 1900 The Touch (Urban)

## Sunday

- 0000 Z-Rock (Alternative)
- 0200 Sports Overnight America
- 0400 Adult Contemporary
- 0705 Religious Programming
- 0900 Eagle 810 Sunday Brunch (Smooth Jazz)**
- 1200 American Country Countdown
- 1600 A Prairie Home Companion
- 1800 Focus on the Family
- 1830 Travel Radio
- 1900 Dr. Laura
- 2000 Beale Street Caravan
- 2100 Pure Gold (Oldies)

Eagle 810 News can be heard at 28 minutes past the hour weekdays from 6 AM to 2 PM and 3 to 7 PM.